

## **MENU**

#### HONEY KISSED AVO (V/N/VGO/GFO)

Smashed avo, dijon & seeded mustard, citrus almond cream, orange, gremolata, honey, sourdough. **25** 

ADD: poached egg +4 | smoked salmon +8

#### **BIG BREAKFAST (GFO)**

Bacon, chipollata sausage, poached eggs, trusstomatoes, avo, halloumi, hollandaise sourdough. **33** 

#### **BEEF BRISKET BENNY (GFO)**

16 hour house brisket, chipotle BBQ, pickled onion, paprika hollandaise, sourdough. **28** 

#### **CHILLI FRENCH CRAB**

Croissant, chilli crab scrambled eggs, hollandaise, shallots. **27** 

#### **GRANOLA & MANGO PANNA COTTA** (N/GF)

Orange yoghurt, granola, mango purée, fresh fruit. 22

#### **EGGS YOUR WAY (GFO)**

Two eggs, sourdough or dark rye. 16

#### **BREKKIE BURGER** (VO / GFO)

Brioche bun, fried egg, bacon, smashed avo, Swiss cheese, chilli tomato relish, oak lettuce. **20** 

#### **SPAGHETTI CRAB** (GFO)

Crab, tomato, garlic, onion, chilli, wine, cream, parsley. 36

#### CHERRY TOMATO PASTA (V/VGO/GFO)

Short tube pasta (mezze rigatoni), pan-fried cherry tomato, garlic, olive oil, parmesan, basil. 28

#### **CHICKEN COTOLETTA PANINO**

Panino, house made schnitzel cutlets, lemon mayo, red onion, iceberg lettuce, french fries. **28** 

#### **STEAK SANDO**

Focaccia, rump cap, chimichurri, pickled onion, Swiss, kewpie mayo, oak lettuce, french fries. **30** 

#### **DOUBLE SMASH BEEF BURGER (GFO)**

Brioche, double beef smashed patty, double American cheese, onions, pickles, ketchup, mustard, french fries. 27

#### POKEY BOWL (V/VGO/GF)

House pickled veggies, quinoa, edamame, kewpie, sesame and shallots served with a ginger and soy dressing, with choice of protein. **21** 

ADD: chicken cotoletta +8 | smoked salmon +8 crispy beef +8 | 2 poached eggs +8 | fried tofu +8

#### **SALMON POTATO CAKES (GF)**

Corn, zucchini, edamame potato cake, mint pea purée, smoked salmon, poached eggs, tobiko, dill. **28** 

#### **FRENCH TOAST**

Brioche, mascarpone, mango purée, raspberry purée, merinque, berries, maple. **26** 

#### **PISTACHIO & RICOTTA WAFFLES (N/GF)**

Matcha mascarpone, pistachio spread, ricotta cream, pistachio praline, berry coulis, fresh fruit. **26** 

FRENCH FRIES (GF) 10 / SWEET POTATO FRIES (GF) 13

ADD-ONS		Maple Syrup	//*/2/
Égg	/+4//	Mushroom	/+/6/
Feta////////////////////////////////////	/4/4//	Waffle (GF)	//4/7/
Avocado	/+/5//	Chorizo	//•/*/
Broccolini	/*/5//	Pork & Fennel Sausage	/*/1/
Cherry Fried Tomatoes	/	Smøked Salmøn	/+/8/
Bacon	/+/6//	Grilled Chicken	/48
Halloumi	/*/6//	Fried Tofu	/+/8/
Hollandaise	/+4//	Chicken Cotoletta	//*/8/

(V) VEGETARIAN
(VO) VEGETARIAN OPTION
(N) CONTAINS NUTS
(VG) VEGAN
(VGO) VEGAN OPTION
(GF) GLUTEN FREE
(GFO) GLUTEN FREE OPTION

Kitchen Closes at 2.30pm Daily Additional charges may apply



Our gluten free meals are made using gluten free ingredients, although they are prepared in the same kitchen environment as all of our dishes. Our meals are also prepared in an environment where nuts and seeds are commonly used. Please make staff aware of any allergies.

**Evenly Split Bills Only & No substitutions** 

### **ESPRESSO** 4.0 MACCHIATO, HALF LATTE **CAPPUCCINO** 5.3 **LATTE** 5.3 **FLAT WHITE** 5.3 LONG BLACK 5.3 **HOT CHOCOLATE** 5.3 **SWEET MATCHA LATTE** 6.0 **MOCHACHINO** 6.2 **BABYCINO** 2.0 **SPECIALITY MILKS** Bon soy, oat, lactose free, almond, coconut. **MUG SIZE**

**COFFEE** 

CRISP APPLE 6.0 BLACKCURRANT 6.0

# FRESH SMOOTHIES

TROPICAL BREEZE 9.5
Mango, coconut milk,
pineapple, banana, mint.
ADD PROTEIN POWDER +1

**SMOOTHIE OF THE MONTH 10.5** Ask our friendly staff about the monthly smoothie special.

PROTEIN POWER UP
Vanilla protein powder, dates,
peanut butter, goji berries, chia
seeds, almond milk.
ADD ESPRESSO SHOT

+ 10.!

### **WATER**

STILL
(470ml) 5.0
(750ml) 9.0

SPARKLING
(470ml) 5.0
(750ml) 9.0

### FRESHLY SQUEEZED JUICES

ORANGE 9.5
APPLE 9.5

JUICE OF THE MONTH 10.0
Ask our friendly staff.

### COLD PRESS JUICES

ENERGISE 9.0
Pineapple, silverbeet, lime, spinach, cos lettuce, mint.

ANTIOX 9.0
Apple, raspberry,
rhubarb, passionfruit.

ROOTS 9.0 Beetroot, apple, lemon, ginger.

IMMUNITY
Carrot, orange, pineapple, celery, lemon, tumeric.

# TEA

ENGLISH BREAKFAST 5.0 Ceylon black tea.

FRENCH EARL GREY 5.0 Black tea, bergamot, marigold, blue cornflower, rose petals.

GREEN TEA 5.0

CHAMOMILE 5.0

GINGER & LEMONGRASS 5.0 Ginger chips and cut lemongrass.

PEPPERMINT & PETALS 5.0
Peppermint, lime blossoms,
rose petals, calendula flowers.

CHAI - CALMER SUTRA

Award winning sticky chai like
no other - Black tea, zingy fresh
ginger root, local Victorian
honey & freshly ground spices.

# COLD BEVERAGES

ICED LATTE

#### MILKSHAKES

Espresso, chocolate, vanilla, strawberry,

### SPECIALITY MILKS

Bon soy, ogt, lactose free, almand, coconut

#### COLD BREW COFFEE

A smooth, refreshing coffee served chilled. Cold brew highlights the coffee bean's natural floral, herbal, and fruity nates, influenced by its origin, forming, and roasting profile.

Unlike traditional hat brewing, which can oxidize ails and break down acids, cald brew is steeped in cool water for 24 hours, which preserves its delicate flavours. The result is naturally sweer, less acidic coffee, ready to be enjoyed.

BATCH BREW MUG

Also referred to as 'pour over' or 'drip' coffee, our Batch Brew is less acidic, mild in flovour and allows you to enjoy the more intricate flavours and aramas of the coffee.

9.0

Using a single origin coffee bean, it follows a filtered coffee process, where water slowly absorbs the beans delicate alls and tragrances.

NITRO COFFEE

Served cold on tap, our specialty coffee blend is slowly brewed for 12–24 hours, creating our rich and smooth signature cold brew. We then infuse it with nitrogen and chill it in a keg, allowing the flavours to develop and deepen. The result is a sweet, full-bodied coffee with a creamy froth, much like the warld-famous Guinness stout. A smooth, buttery and luscious mouthful, with a velvery charm!

